

I WAS SEXUALLY ASSAULTED; WHAT DO I DO NOW?

RESOURCES FOR UArizona STUDENTS, created by UA Survivor Advocacy.

PLEASE NOTE: None of these items are mutually exclusive. The student may speak with anyone at any time. Reporting is always an option.

| Medical Care | Evidence Collection | Confidential Resources | Reporting | Emotional Support | Academic Support | Crisis Support Hotlines |
|---|--|--|---|--|--|---|
| <i>I want medical care and/or treatment for physical injuries.</i> | <i>I want evidence collected i.e. rape kit, for support in a criminal complaint.</i> | <i>I want support and/or to talk with someone about the incident or my options confidentially; I want assistance creating a safety plan.</i> | <i>I want to report the assault(s) to the school or to the police.</i> | <i>I'm struggling emotionally with what happened to me</i> | <i>I need help with my classes and/or am struggling academically</i> | I need crisis support now and it's not typical business hours. <i>*See also Confidential Resources for Tucson-based hotlines*</i> |
| <i>(Please note: some injuries may not be visible, but may be detectable through forensics.)</i> | | | | | | |
| <p><i>Preventative medication should be started ASAP after the assault, preferably within 72 hours although emergency contraception may be taken up to 120 hours after the assault.</i></p> <p><i>If you are concerned about medical care showing up on insurance statements, see our off-campus options which can provide services without insurance.</i></p> <p>Campus Health Check your physical health, check for STIs, offer emergency contraception. <i>Does NOT perform Medical Forensic Exams.</i></p> <p>Off-campus: Planned Parenthood- Margaret Sanger Health Center 520.408.5726</p> <p>Pima County Health Department Theresa Lee Clinic 520.724.7900</p> | <p><i>Evidence should be collected ASAP after an assault, preferably within 72 hours and can be collected up to 120 hours after the assault. A medical exam is strongly recommended if you're considering reporting; however, it does not commit you to reporting to police. The Medical Forensic Exam you receive is at NO COST. However, there may be costs related to the medical care provided by the emergency department staff. These costs may include: labs, X-rays, tests and medications to prevent pregnancy and sexually transmitted infections (STI's), including HIV. Get more info here: www.sacasa.org/crisis/medical-forensic-exams/</i></p> <p>Tucson Medical Center-Emergency Room 24/7 5301 E. Grant Road 520.327.5461 <i>Only hospital in Tucson currently offering Medical Forensic Exams. Law enforcement notified; patient has the right to refuse any part of the exam.</i></p> <p>SACASA Southern Arizona Center Against Sexual Assault 520.327.7273 (24/7 hotline) Sexual Assault Advocates can assist you with getting a medical forensic exam ASAP and answering your questions.</p> | <p>Survivor Advocacy Program (M-F 9am-5p) 520.621.5767 survivoradvocacy.arizona.edu</p> <p>Oasis, UA Counseling & Psych Services 520.621.3334 This number is answered 24/7. Oasis offers counseling services for students impacted by sexual assault, relationship violence, and stalking.</p> <p>Off-campus: (24/7) Southern Arizona Center Against Sexual Assault 520.327.7273 Anti-violence Hotline at SAAF for LGBTQ+ survivors 1.800.553.9387</p> | <p>Office of Institutional Equity equity.arizona.edu File a report or get more information about reporting a perpetrator who is a student, staff, faculty or a UA-affiliated vendor.</p> <p>Law Enforcement (UAPD) 9-1-1 if on-campus (520) 621-8273 if off-campus</p> <p>TPD: Emergency: 911. Non-Emergency: (520) 791-4444</p> <p>Please note the Survivor Advocacy Program can provide information and assistance regarding reporting processes. (M-F 9am-5pm) 520.621.5767 survivoradvocacy.arizona.edu</p> | <p>Oasis, UA Counseling & Psych Services 520.621.3334 This number is answered 24/7. Oasis offers counseling services for students impacted by sexual assault, relationship violence, and stalking.</p> <p>Survivor Advocacy Program (M-F 9am-5pm) 520.621.5767 survivoradvocacy.arizona.edu Can provide emotional support and advocacy services.</p> | <p>Survivor Advocacy Program 520.621.5767 Survivor advocacy can help request academic accommodations, help with retroactive withdrawals and appeals for survivors..</p> <p>Student Assistance in Dean of Students Phone: 520.621.7057 deanofstudents.arizona.edu</p> | <p>The National Deaf Domestic Violence Hotline provides advocacy and information regarding domestic violence and sexual assault Video phone: 1.855.812.1001 Live chat:thedeafhotline.org</p> <p>TransLife Line 877-565-8860 trans-led organization for crisis & advocacy (not sexual assault-specific); ALL operators are transgender. translifeline.org</p> <p>-Strong Hearts Native Helpline 1-844-762-8483 *open 7am-10pm C.T.</p> <p>National Sexual Assault Hotline 1.800.656.HOPE (4673)</p> |



MY PARTNER IS ABUSIVE; WHAT DO I DO NOW?

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| Confidential Resources | Reporting | Emotional Support | Academic Support | Crisis Support Hotlines | Legal or Court Support |
|---|--|--|--|---|--|
| <i>I want to talk with someone about my relationship and/ or my options confidentially; I want assistance creating a safety plan.</i> | <i>I want to report the abuse to the school or to the police.</i> | <i>I'm struggling emotionally with what happened to me</i> | <i>I need help with my classes and/or am struggling academically</i> | I need crisis support now and it's not typical business hours. <i>*See also Confidential Resources for Tucson-based hotlines*</i> | I need legal advice from a lawyer because of housing issues and/or someone to help me get an Order of Protection. |
| <p>Survivor Advocacy Program (M-F 9am-5p) 520.621.5767 survivoradvocacy.arizona.edu</p> <p>Oasis, UA Counseling & Psych Services 520.621.3334 This number is answered 24/7. Oasis offers counseling services for students impacted by sexual assault, relationship violence, and stalking.</p> <p>Off-campus: (24/7) Emerge! Center Against Domestic Abuse 888-428-0101</p> <p>Anti-violence Hotline at SAAF for LGBTQ+ survivors 1.800.553.9387</p> | <p>Office of Institutional Equity equity.arizona.edu File a report or get more information about reporting a perpetrator who is a student, staff, faculty or a UA-affiliated vendor.</p> <p>Law Enforcement (UAPD) 9-1-1 if on-campus (520) 621-8273 if off-campus</p> <p>TPD: Emergency: 911. Non-Emergency: (520) 791-4444</p> <p>*Please note the Survivor Advocacy Program can provide information and assistance regarding reporting processes. (M-F 9am-5pm) 520.621.5767 survivoradvocacy.arizona.edu</p> | <p>Oasis, UA Counseling & Psych Services 520.621.3334 This number is answered 24/7. Oasis offers counseling services for students impacted by sexual assault, relationship violence, and stalking.</p> <p>Survivor Advocacy Program (M-F 9am-5pm) 520.621.5767 survivoradvocacy.arizona.edu Can provide emotional support and advocacy services.</p> | <p>Survivor Advocacy Program 520.621.5767 Survivor advocacy can help request academic accommodations, help with retroactive withdrawals and appeals for survivors.</p> <p>Student Assistance in Dean of Students (non confidential) Phone: 520.621.7057 deanofstudents.arizona.edu</p> | <p>The National Deaf Domestic Violence Hotline provides advocacy and information regarding domestic violence and sexual assault Video phone: 1.855.812.1001 Live chat: thedeafhotline.org</p> <p>TransLife Line 877-565-8860 trans-led organization for crisis & advocacy (not sexual assault-specific); ALL operators are transgender. translifeline.org</p> <p>Strong Hearts Native Helpline 1-844-762-8483 *open 7am-10pm C.T.</p> <p>National Domestic Violence Hotline 1-800-799-7233</p> | <p>Legal Services: UA DV Law Clinic 520-626-2256</p> <p>Pima County Bar Association at (520) 623-4625</p> <p>Southern Arizona Legal Aid's services by calling (520) 623-9465.</p> <p>Order of Protections & Court Advocacy AZPoint Protective Orders azpoint.azcourts.gov/ Start your own petition for an Order of Protection directly here.</p> <p>Survivor Advocacy Program 520.621.5767 Survivor advocacy can help complete an Order of Protection petition & accompany you to court.</p> <p>Emerge! Center Against Domestic Abuse can help getting an order of protection. 888-428-0101</p> |

