# I WAS SEXUALLY ASSAULTED; WHAT DO I DO NOW?

**RESOURCES FOR UArizona STUDENTS, created by UA Survivor Advocacy.**

**PLEASE NOTE:** None of these items are mutually exclusive. The student may speak with anyone at any time. Reporting is always an option.

<table>
<thead>
<tr>
<th>Medical Care</th>
<th>Evidence Collection</th>
<th>Confidential Resources</th>
<th>Reporting</th>
<th>Emotional Support</th>
<th>Academic Support</th>
<th>Crisis Support Hotlines</th>
</tr>
</thead>
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<td>I want medical care and/or treatment for physical injuries.</td>
<td>I want evidence collected i.e. rape kit, for support in a criminal complaint.</td>
<td>I want support and/or to talk with someone about the incident or my options confidentially; I want assistance creating a safety plan.</td>
<td>I want to report the assault(s) to the school or to the police.</td>
<td>I’m struggling emotionally with what happened to me</td>
<td>I need help with my classes and/or am struggling academically</td>
<td>I need crisis support now and it’s not typical business hours. <em>See also Confidential Resources for Tucson-based hotlines</em></td>
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</table>

(Please note: some injuries may not be visible, but may be detectable through forensics.)

Preventative medication should be started ASAP after the assault, preferably within 72 hours after the assault. A medical exam is strongly recommended if you’re considering reporting; however, it does not commit you to reporting to police. The Medical Forensic Exam you receive is at NO COST. However, there may be costs related to the medical care provided by the emergency department staff. These costs may include: labs, X-rays, tests and medications to prevent pregnancy and sexually transmitted infections (STI’s), including HIV. Get more info here: [www.sacasa.org/crisis/medical-forensic-exams/](http://www.sacasa.org/crisis/medical-forensic-exams/)

**Tucson Medical Center-Emergency Room 24/7**
5301 E. Grant Road
520.327.5461
Only hospital in Tucson currently offering Medical Forensic Exams. Law enforcement notified; patient has the right to refuse any part of the exam.

**SACASA**
Southern Arizona Center Against Sexual Assault
520.327.7273 (24/7 hotline)
Sexual Assault Advocates can assist you with getting a medical forensic exam ASAP and answering your questions.

**Survivor Advocacy Program**
(M-F 9am-5p)
520.621.5767
survivoradvocacy.arizona.edu

**Oasis, UA Counseling & Psych Services**
520.621.3334
This number is answered 24/7. Oasis offers counseling services for students impacted by sexual assault, relationship violence, and stalking.

**Off-campus:** (24/7)
Southern Arizona Center Against Sexual Assault
520.327.7273
Anti-violence Hotline at SAAF for LGBTQ+ survivors 1.800.553.9387

**Office of Institutional Equity**
equity.arizona.edu
File a report or get more information about reporting a perpetrator who is a student, staff, faculty or a UA-affiliated vendor.

**Law Enforcement**
(UAPD)
9-1-1 if on-campus
(520) 621-8273 if off-campus
TPD:
Emergency: 911.
Non-Emergency: (520) 791-4444

Please note the Survivor Advocacy Program can provide information and assistance regarding reporting processes. (M-F 9am-5pm)
520.621.5767
survivoradvocacy.arizona.edu

**Survivor Advocacy Program**
(M-F 9am-5pm)
520.621.5767
Survivor advocacy can help request academic accommodations, help with retroactive withdrawals and appeals for survivors.

**Student Assistance in Dean of Students**
Phone: 520.621.7057
deanofstudents.arizona.edu

**Survivor Advocacy Program**
520.621.5767
Survivor advocacy can help request academic accommodations, help with retroactive withdrawals and appeals for survivors.

**The National Deaf Domestic Violence Hotline** provides advocacy and information regarding domestic violence and sexual assault
Video phone: 1.855.812.1001
Live chat: thedeadfhotline.org

**TransLife Line**
877-565-8860
trans-led organization for crisis & advocacy (not sexual assault-specific); ALL operators are transgender.
translifeline.org

**-Strong Hearts Native Helpline**
1-844-762-8483
*open 7am-10pm C.T.

**National Sexual Assault Hotline**
1.800.656.HOPE (4673)
## MY PARTNER IS ABUSIVE; WHAT DO I DO NOW?

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PLEASE NOTE: None of these items are mutually exclusive. The student may speak with anyone at any time. Reporting is always an option. Reporting to one individual is not mutually exclusive from reporting to another individual. Choosing one route does not preclude or exclude other options, and the student may speak with multiple groups & pursue multiple actions at the same time.

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<th>Emotional Support</th>
<th>Academic Support</th>
<th>Crisis Support Hotlines</th>
<th>Legal or Court Support</th>
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<td><strong>I want to talk with someone about my relationship and/ or my options confidentially; I want assistance creating a safety plan.</strong></td>
<td>I want to report the abuse to the school or to the police.</td>
<td>I’m struggling emotionally with what happened to me</td>
<td>I need help with my classes and/or am struggling academically</td>
<td>I need crisis support now and it’s not typical business hours. <em>See also Confidential Resources for Tucson-based hotlines</em></td>
<td>I need legal advice from a lawyer because of housing issues and/or someone to help me get an Order of Protection.</td>
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520.621.5767  
[Survivoradvocacy.arizona.edu](http://Survivoradvocacy.arizona.edu)

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**Off-campus: (24/7)**

**Emerge! Center Against Domestic Abuse**
888-428-0101

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for LGBTQ+ survivors  
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*Can provide emotional support and advocacy services.*

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1-844-762-8483  
*open 7am-10pm C.T.*

**National Domestic Violence Hotline**  
1–800–799–7233

**Legal Services:**  
**UA DV Law Clinic**  
520-626-2256

**Pima County Bar Association**
(at (520) 623-9465.

**Southern Arizona Legal Aid’s services by calling (520) 623-9465.**

**Order of Protections & Court Advocacy**

**AZPoint Protective Orders**
[azpoint.azcourts.gov/](http://azpoint.azcourts.gov/)

Start your own petition for an Order of Protection directly here.

**Survivor Advocacy Program**
520.621.5767  
Survivor advocacy can help complete an Order of Protection petition & accompany you to court.

**Emerge! Center Against Domestic Abuse**

can help getting an order of protection.  
888-428-0101